

## FIRST READING

**A reading from book of Deuteronomy**  
**8:2-3, 14-16**

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not become proud of heart. Do not forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

## RESPONSORIAL PSALM

**R/:** Praise the Lord Jerusalem.

## SECOND READING

**A reading from the first letter of St Paul to the Corinthians**  
**10:16-17**

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!**

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.  
**Alleluia!**

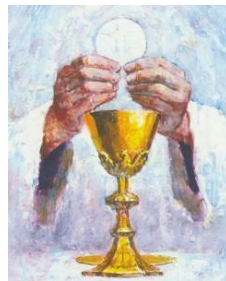
## GOSPEL READING

**A reading from the Holy Gospel according to John**  
**6:51-58**

Jesus said to the crowd:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'



**Our Lady of the Assumption Parish, Cheltenham**

**Parish House/Office: 9583 6161**

**Email: Cheltenham@cam.org.au**

**Website: www.olacheltenham.org.au**

**Parish Priest: Fr Alan Fox**

**Pastoral Associates: Frances North, Christine Dunne**

**Psychologist: AnneMaree Eddy**

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**The Most Holy Body and Blood of Christ**

**Year A**

**13<sup>th</sup> and 14<sup>th</sup> June, 2020**

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### *Focus on the Readings...*

This passage comes after Jesus has fed the multitudes with five barley loaves and two fish, but in his explanation of this sign, Jesus refers to himself as 'living bread', 'bread from heaven' that gives eternal life. The ancestors who followed Moses out of Egypt had been sent manna from heaven to nourish them in the desert, but they had still died. The food that Jesus offers himself will lead to eternal life! As is typical in John's Gospel, this text can be read on two levels. The words spoken by Jesus would have been shocking to those who heard them. For the Jewish people, to eat flesh and drink blood was unthinkable; it was abhorrent. Jewish dietary laws forbade the eating of flesh with its blood in it. Blood was the symbol of the life of the creature. At the end of the flood story in Genesis, God gives to humans all the plants and animals of the earth as food for them, 'with this exception: you must not eat flesh with life, that is to say blood, in it' (Genesis 9:4). Now here is Jesus saying that his followers must eat his flesh and drink his blood in order to have life. In the continuation of this gospel passage, many turn away from Jesus at hearing him say this. Jesus then asks the disciples if they too will leave him. Peter answers on their behalf with a wonderful acclamation of faith: 'Lord, who shall we go to? You have the message of eternal life and we believe; we know that you are the Holy One of God.' The giving of Jesus' flesh and blood for the life of the world is a reference to the salvific nature of his death and the inauguration of a new covenant through his sacrifice.

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**PARISH PRIEST:**

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 Email: Alan.Fox@cam.org.au

**PASTORAL ASSOCIATES:**

Frances North 9583 6161  
 Email: Frances.North@cam.org.au  
 Christine Dunne 9583 6161

**PSYCHOLOGIST:**

AnneMaree Eddy 0403 284 536

**PARISH OFFICE:**

9583 6161  
 Monday to Friday 9 am – 3.30 pm  
 Secretary: Lisa Harris  
 Bookkeeper: Ann Fitzgerald  
 Email: Cheltenham@cam.org.au

**PARISH SCHOOL:**

**Our Lady of the Assumption** 9584 9488  
 Principal: Mr Richard Jacques  
 Email: principal@olacheltenham.catholic.edu.au

**SUSPENDED UNTIL FURTHER NOTICE****MASS TIMES:**

Saturday (Suspended) 6:30 pm  
 Sunday (Suspended) 9:00 am, 11:00 am  
 Tuesday 6.00 pm  
 Wednesday, Thursday, Friday 9.15 am  
 Saturday 9.00 am

**Currently 20 people permitted per Mass. 'Book in' via the Parish Office.**

**COMMUNION SERVICE:**

Monday (Suspended) 9.15 am

**RECONCILIATION:**

Saturdays: (Suspended) 9.30am & 6pm

**BAPTISMS:**

Either during a weekend Mass or at 12.30pm on the 2<sup>nd</sup> Sunday of the month. 6 weeks' notice required. Please refer to our Guidelines for Infant Baptism and Application Form available on our parish website.

**WEDDINGS:**

By appointment, 6 months' notice required. Saturdays or weekdays (not Sundays). Contact the Parish Office: 9583 6161

## The Most Holy Body and Blood of Christ

Year A

13<sup>th</sup> and 14<sup>th</sup> June, 2020

**PRAYING FOR:**

Duncan McLaren,  
 Gieseppe Mascali, Colin McCarthy  
*...and all who died recently.*

**We also remember:**

Ray Connolly, James Andrews,  
 Grace Andrews, Phoebe Wilson  
*...and all whose anniversaries occur about this time.*

### DID YOU KNOW? The Most Holy Body and Blood of Christ ( Facts )



Gathering together to break bread and share the cup is the most ancient practice of the church. Paul wrote a description of 'The Lord's Supper' in I Corinthians 11:23 in about the year 56.

This feast, which used to be known as 'Corpus Christi', originated in the Middle Ages as a celebration of the real presence of Christ in the Eucharistic bread.

In John's Gospel, the Eucharist is instituted by Christ in the sharing of the loaves and fishes, not at the Last Supper that he had with his friends on the night before he died. For John, the central act of that Last Supper was the washing of the feet of the disciples—an act of service to others.

**BOOKINGS FOR MID-WEEK MASS:**

It is wonderful to be able to celebrate Mass with our Parishioners during the week. Please be aware that we still have restrictions in place, which means we can only accommodate 20 people at a time. It is important that you ring on **Monday** to book your desired dates. Thank you for your understanding, we hope to get back soon to our regular Mass times.

**WELCOME TO THE OLA Community:** Teal and Harper Costante, sons of Damien and Gemma, were baptised last Sunday. May the Holy Spirit shine in them always.



The Archdiocese of Melbourne provides a **Coronavirus Update** on its website where you can download the latest information and guidelines: <https://melbournecatholic.org.au/News/ArMid/416/ArticleID/24441/Coronavirus-Updates>

**FREE EBOOK** The recently published 'Catholicism in the Time of Coronavirus', is available from Word on Fire Institute <https://www.wordonfire.org/covid> In the book the author, Stephen Bullivant, looks at the impact of the Covid-19 crisis on the Church, and how the Church's pastoral and evangelistic mission might most effectively respond.

**THE SWAG MAGAZINE:** With the suspension of Sunday Masses around the country, 'The Swag' will now be offering parishioners free online access to a Page Turner and a PDF of the Winter 2020 edition. Go to [www.theswag.org.au](http://www.theswag.org.au) and click on the yellow box.

**COUNSELLING:** All counselling will now be over the phone or video consultations due to COVID-19. please contact AnneMaree Eddy directly on: 0403 284 536, and leave a message indicating you are a parishioner.

**ONLINE RESOURCES FOR FAITH FORMATION & INFORMATION:**

The **Christian Classics Ethereal Library** is a digital library of hundreds of classic Christian books: <https://ccel.org/>  
**Lectio Divina June 2020** for daily prayer: <https://ocarm.org/en/carmel/lectio-divina-june-2020>  
**The Holy See** to view the written works of Pope Francis and news from the Vatican: <http://w2.vatican.va/content/vatican/en.html>

**SCRIPTURE READINGS** for Daily Mass (Australian Liturgical Calendar) are accessible online: [www.universalis.com/Australia/1000/mass](http://www.universalis.com/Australia/1000/mass) Navigate the daily Scripture readings for the week ahead using the right-hand column.

**AUSTRALIAN CATHOLIC BISHOPS CONFERENCE:** together with the **National Centre for Pastoral Research**, have released Profiles of almost 1300 Catholic parishes across Australia, with data made available by the Australian Bureau of Statistics, following the 2016 Census. To download the report for our parish here at OLA, please click on following the link: <https://ncpr.catholic.org.au/2016-Parish-Social-Profiles/12-Melbourne/Cheltenham.pdf>



WHEN IT CAME TO BREAKING BREAD, HE WAS THE BEST IN THE BUSINESS