

## FIRST READING

**A reading from the book of Exodus**

**16:2-4. 12-15**

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## RESPONSORIAL PSALM

**R/: The Lord gave them bread from heaven.**

## SECOND READING

**A reading from the letter of St Paul to the Ephesians**  
**4:17, 20-24**

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your

mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!**  
**No one lives on bread alone,**  
**but on every word that comes from the**  
**mouth of God.**  
**Alleluia!**

## GOSPEL READING

**A reading from the holy gospel according to John**  
**6:24-35**

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

## **Our Lady of the Assumption Parish Cheltenham**

**Telephone:** 9583 6161

9 Centre Dandenong Road, Cheltenham. 3192

**Email:** [Cheltenham@cam.org.au](mailto:Cheltenham@cam.org.au)

**Website:** [www.olacheltenham.org.au](http://www.olacheltenham.org.au)



**Parish Priest:** Fr Alan Fox

**Pastoral Worker:** Christine Dunne

**Psychologist:** AnneMaree Eddy

## **St Agnes' Parish Highett**

**Telephone:** 9532 1794

1 Locinda Street, Highett. 3190

**Email:** [Highett@cam.org.au](mailto:Highett@cam.org.au)

**Website:** [www.sahighett.org.au](http://www.sahighett.org.au)



## **EIGHTEENTH SUNDAY IN ORDINARY TIME – YEAR B** **31<sup>st</sup> July / 1<sup>st</sup> August, 2021**



*Jesus' discourse on the bread of life follows a traditional method of rabbinic interpretation. Scripture is quoted, and then an analysis is given. When Jesus states that the work of God is faith in himself, the crowds demand a sign to verify this bold claim. In response, Jesus reinterprets the story of manna in the wilderness, insisting that he is the bread from heaven that gives life to the world. Jesus leads them away from a superficial search for physical satisfaction to a desire for the deeper things of God. The people realise that Jesus is claiming to be the one sent by God in whom they must believe. Here the bread of life is a wisdom theme and refers to faith, not Eucharist.*

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**PARISH PRIEST: CHELTENHAM / HIGHETT**  
Fr Alan Fox BH: 9583 6161 / AH: 9555 3557  
Email: [Alan.Fox@cam.org.au](mailto:Alan.Fox@cam.org.au)

**PARISH OFFICE HOURS:** 9583 6161  
Monday – Friday 9am – 3.30pm  
Bookkeeper: Ann Fitzgerald  
Parish Secretary: Fatima De Ponte-Gill

**OUR SCHOOLS:**

**Our Lady of the Assumption** 9584 9488  
Principal: Mr Richard Jacques  
Email: [principal@olacheltenham.catholic.edu.au](mailto:principal@olacheltenham.catholic.edu.au)

**St Agnes' Primary School** 9532 0344  
Principal: Mr Lachlan Foott  
Email: [lfoott@sahighett.catholic.edu.au](mailto:lfoott@sahighett.catholic.edu.au)

**MASS TIMES – CHELTENHAM & HIGHETT**

**SATURDAY VIGIL & SUNDAY MASSES:**

Please book via : <https://www.trybooking.com/BNADH>  
Saturday [St Agnes Church] 6:00 pm  
Sunday [OLA] 9:00 am, 11:00 am

**WEEKDAY MASS TIMES:**

Tuesday [St Agnes Church] 9.00 am  
Tuesday [OLA Church] 6.00 pm  
Wednesday [OLA Church] 9.15 am  
Thursday [OLA Church] 9.15 am  
Friday [St Agnes Church] 9.00 am  
Saturday [OLA Church] 9.00 am

**COMMUNION SERVICES – OLA / St Agnes:**  
- currently suspended

**SACRAMENT OF RECONCILIATION:** (in line with Covid-safe Protocols) By appointment. Please contact Fr Alan, or the Parish Office.

**BAPTISMS:** limitations on the No. of attendees apply  
Please direct all enquiries for the Sacrament of Baptism to the Office: 9583 6161

**WEDDINGS:** limitations on the No. of attendees apply  
By appointment, 6 months' notice required. Saturdays or weekdays (not Sundays).

The clergy, employees and volunteers of our two parishes are committed to upholding a duty of care to all children, young people and vulnerable adults, taking all reasonable steps to protect children, young people and vulnerable adults from all forms of abuse and harm and commit to safeguard their health and well-being.

**EIGHTEENTH SUNDAY IN  
ORDINARY TIME – YEAR B**  
31<sup>st</sup> July / 1<sup>st</sup> August, 2021

**PRAYING FOR:**

Mario De Gregorio  
...and all who died recently.

**We also remember:**

Giuseppe Mascali, Luke Taylor,  
Trevor Rowland, Stan Smith,

...and all whose anniversaries occur about  
this time.

...and we keep in our prayers all who  
are unwell.



**Readings for this liturgical year from  
Advent 2020 to Christ the King 2021 are  
taken from Year B in the Lectionary cycle**  
Should you wish to view the Scripture  
Readings for Daily Mass (Australian  
Liturgical Calendar) please visit:  
[universalis.com/australia.melbourne/1000/Mass](http://universalis.com/australia.melbourne/1000/Mass)

**VOLUNTEERS:** Please make sure that your  
WWCC/POLICE CHECK documents are  
current, that is, have not expired, and copies made  
available to the Parish Office.

**UPDATED COVID RESTRICTIONS:** Stage  
Four restrictions now apply. General Guidelines  
from the Archdiocese (Update #40: 20<sup>th</sup> July, 2021)  
are available online at:

<https://melbournecatholic.org/covid-19>

**PARISH STEWARDSHIP:** Thank you to all  
parishioners who continue to support both the  
Thanksgiving and Presbytery collections through  
your generous contributions. Both OLA & St  
Agnes are now registered for online contributions.  
The **CDF Pay** link for **OLA, Cheltenham** is:  
<http://bit.ly/CDFpayCheltenham>  
The **CDF Pay** link for **St Agnes, Highett** is:  
<http://bit.ly/CDFpayHighett>

**SACRAMENTAL CELEBRATIONS AT  
OLA & ST AGNES': AN UPDATE** – With all  
the upheaval and restrictions this year's  
lockdowns have brought about, the scheduling of  
the Sacramental celebrations of First Eucharist  
and Confirmation has had to be quite fluid: e.g.  
ordinarily our First Eucharist Masses would be  
celebrated within Saturday evening and Sunday  
morning Masses. However with the limitation on  
numbers it has been decided, given our multiple  
efforts to reschedule dates this year, that these  
Sacraments will be now be celebrated on the  
following dates and times:

**FIRST EUCHARIST MASSES for:**

**Our Lady of the Assumption Parish** are now  
scheduled for three consecutive Saturdays in  
August: 14<sup>th</sup>, 21<sup>st</sup>, & 28<sup>th</sup> at 9am.

**St Agnes' Parish** are now scheduled for **Friday  
20<sup>th</sup> & Thursday 26<sup>th</sup> August, at 7pm.**

**CONFIRMATION MASSES for:**

**Our Lady of the Assumption Parish** are  
scheduled for **Wednesday 1<sup>st</sup> & Friday 3<sup>rd</sup>  
September at 7pm.**

**St Agnes' Parish's** celebration is scheduled for  
**Saturday 4<sup>th</sup> September, within 6pm Mass.**


Due to limitations on numbers, logistics have  
been put in place where both our parishes'  
schools, in conjunction with the Parish Office,  
will manage the lists of attendees. We are grateful  
that these celebrations can go ahead, albeit with  
restrictions, and the need for patience, yet again,  
for all concerned.

– Fr Alan


**THE MARY MACKILLOP HERITAGE  
CENTRE OPEN DAY** Saturday 7<sup>th</sup> August  
and **Feast Day Mass** to celebrate **St Mary of  
the Cross** – the Open Day will include Mass  
in the Chapel celebrated by Fr Peter Malone  
MSC, recognising the Feast day of St Mary  
of the Cross Mackillop. For those unable to  
attend, the Mass will be live streamed and  
there will be virtual tours of the Heritage  
Centre. For more information, please visit:  
[mmhc.org.au](http://mmhc.org.au)

**CATHOLICCARE SUNDAY APPEAL**  
will be taken up at all Masses next weekend:  
**Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> August.**

**ACTIVITIES AT OLA – EXODUS HALL**

 **Gentle Exercises and Tai Chi:**  
Classes run every Wednesday at  
10.00am. All are welcome.


**OLA KNITTING GROUP** meets at Exodus

 Hall fortnightly on Tuesdays at 1pm.  
Due to the current lockdown the next  
scheduled meeting will be on  
Tuesday 10<sup>th</sup> August. All are most  
welcome.

**JOB VACANCIES – across the Catholic  
Archdiocese of Melbourne**

<https://melbournecatholic.org/job-vacancies>

**HEART OF LIFE** – is offering an 'At-Home  
Retreat – Moments that are Grace'.  
Commencing 3<sup>rd</sup> August and concluding on  
31<sup>st</sup> August. This 'at-home' retreat, invites you  
to spend some time in prayer at home each day  
pondering your experiences of the day, and to  
be accompanied by a retreat-companion on  
how God might have been present for you.  
T: 9890 1101 or E: [info@heartoflife.melbourne](mailto:info@heartoflife.melbourne), by  
28<sup>th</sup> July 2021.

 **QR Codes - Mandatory use of the  
Victorian Government QR Code  
Service:** We are required to use this

service. Wherever possible, to assist with the  
management of numbers, given the current  
restrictions in place, you are strongly encouraged  
to utilise the **TryBooking platform:**  
<https://www.trybooking.com/BNADH> and, if you have a  
capable digital device, to utilise the **Service  
Victoria App** to register your attendance via **our  
QR code**, just as you're asked to do at other  
venues. As we're consistently informed, digital  
record keeping is proving vital to efficient  
contact tracing.