

FIRST READING

**A reading from the book of Deuteronomy
8:2-3. 14-16**

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. 'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM

R./ Praise the Lord, Jerusalem.

SECOND READING

**A reading from the first letter of St Paul to
the Corinthians 10:16-17**

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.



GOSPEL ACCLAMATION

**Alleluia, Alleluia!
I am the living bread from heaven,
says the Lord:
whoever eats this bread
will live for ever.
Alleluia!**

GOSPEL READING

**A reading from the holy Gospel according to
John 6:51-58**

Jesus said to the Jews: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

Our Lady of the Assumption Parish Cheltenham

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9 Centre Dandenong Road, Cheltenham. 3192

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Parish Priest: Fr Alan Fox

Psychologist: AnneMaree Eddy

St Agnes' Parish Highett

Parish Office: 9532 1794

1 Locinda Street, Highett. 3190

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THE MOST HOLY BODY AND BLOOD OF CHRIST YEAR A - 10th / 11th JUNE, 2023



In the Eucharist, Christ is present, not simply in the consecrated bread and wine, but as the one who forgives, speaks, feeds, gathers together and makes present his offering on the Cross. In this fuller understanding of the Eucharist, Christ is present in the bread and wine because he is active in the Church. In the Eucharist he calls us to prayer and reverence. He also calls us to follow his way in feeding the poor and giving spirit to the excluded and in taking up our own cross.

Fr Andrew Hamilton SJ

PARISH PRIEST: CHELTENHAM / HIGHETT
Fr Alan Fox BH: 9583 6161 / AH: 9555 3557
Email: Alan.Fox@cam.org.au

PARISH OFFICE HOURS: 9583 6161
Monday - Friday 9am – 3pm
Secretary: Vino Krishnan
Accountant: Maureen Ryan

OUR SCHOOLS:
Our Lady of the Assumption 9584 9488
Principal: Mr Richard Jacques
Email: principal@olacheltenham.catholic.edu.au
St Agnes' Primary School 9532 0344
Principal: Mr Lachlan Foott
Email: lfoott@sahighett.catholic.edu.au

MASS TIMES – CHELTENHAM & HIGHETT
SATURDAY VIGIL & SUNDAY MASSES:
Saturday [St Agnes Church] 6:00 pm
Sunday [OLA] 9:00 am, 11:00 am

WEEKDAY MASS TIMES:
Tuesday [St Agnes Church] 9.00 am
Tuesday [OLA Church] 6.00 pm
Wednesday [OLA Church] 9.15 am
Thursday [OLA Church] 9.15 am
Friday [St Agnes Church] 9.00 am
Saturday [OLA Church] 9.00 am

COMMUNION SERVICE (except Public Holidays)
Monday [OLA Church] 9.15 am

SACRAMENT OF RECONCILIATION:
Wednesday 9:45 am
Saturday 9.30 am
i.e. following Mass (COVID-safe protocols apply)

BAPTISMS: Contact Parish Office: 9583 6161.

WEDDINGS: By appointment, 6 months' notice required. Saturdays or weekdays (not Sundays).

The clergy, employees and volunteers of our two parishes are committed to upholding a duty of care to all children, young people and vulnerable adults, taking all reasonable steps to protect children, young people and vulnerable adults from all forms of abuse and harm and commit to safeguard their health and well-being.

THE MOST HOLY BODY
& BLOOD OF CHRIST
Year A - 10th / 11th June, 2023

PRAYING FOR:

Julian Bracchi, Margaret Giffney,
Rupert Hood, Michael Fiddes,
... and all those who died recently.

WE ALSO REMEMBER:

John Rigby, June McKinnon,
Jacques Buttie,

.... and all whose anniversaries occur about
this time.

...and we keep in our prayers all who are
currently unwell.

**Readings for this liturgical year from Advent
2022 to Christ the King 2023 are taken from**

Year A in the Lectionary cycle

Should you wish to view the Scripture
Readings for Daily Mass (Australian Liturgical
Calendar) please visit:
universalis.com/australia.melbourne/1000/Mass

VOLUNTEERS: Please make sure that your
WWCC/POLICE CHECK documents are
current, that is, have not expired, and copies
made available to the Parish Office.

UPDATE ON COVID RESTRICTIONS:
General Guidelines from the Archdiocese
(Update #62: 26 November, 2022) are available
online at: melbournecatholic.org/covid-19-guidelines

PARISH STEWARDSHIP: Thank you to all
parishioners who continue to support both the
Thanksgiving and Presbytery collections through
your generous contributions. Both OLA & St
Agnes are now registered for online contributions.

The **CDF Pay** link for **OLA, Cheltenham** is:
<http://bit.ly/CDFpayCheltenham>

The **CDF Pay** link for **St Agnes, Highett** is:
<http://bit.ly/CDFpayHighett>



OLA KNITTING GROUP will
next meet on Tuesday 13th June at
1pm in the Church Meeting Room.
All are most welcome. The upcoming **Knitting
Stall** will be held at OLA on Sunday 2nd July
after the 9am and 11am Masses. All proceeds
will go to St Vincent De Paul's 2023 Winter
Appeal.



**2023 PROPAGATION OF
THE FAITH APPEAL**
Thank you so much for your
generous partnership with
life-changing mission programs, like supporting
Sr Carolina and the Salesian Sisters and their
work through the Maria Auxiliadora Clinic in
Venilale, Timor-Leste. A total of \$1348.35 was
raised between both parishes last weekend. Your
gift is helping Sr Carolina continue to provide
life-saving treatment and access to resources on
health and well-being. Your gift also supports
mission programs around the world that reach out
and give life to those in most need. To learn more
about the impact of your support, visit
catholicmission.org.au/our-work, where you can also
sign up for our regular newsletter. If you have not
yet had the opportunity to give, please do so at
catholicmission.org.au/timor. Your Action will make
a real lasting impact.



**ST VINCENT DE PAUL 2023
WINTER APPEAL 18th JUNE**

The Cheltenham & Highett St Vincent
de Paul Conferences are requesting donations of
money (cash/credit card) & non-perishable food,
in support of this year's Winter Appeal. Thanks
to your past generosity our volunteers have been
able to provide much appreciated help to the
needy in our area. During the last twelve months
we made 377 home visits to help 485 adults and
310 children with assistance valued at around
\$67,567.00. Our volunteers will be in the Foyer
of the churches **next weekend, the 18th of June**,
to receive your donation. Receipt books, Appeal
envelopes and Credit card facilities will also be
made available for donations. Thank you for
your generous support.



BAPTISMS THIS WEEKEND With
great joy the Church of God formally
welcomes: Ella Zgela, Jay Starc,
BAPTISM Louis Smith, Benji Fraser, Charlie
Taylor and Olivia Taylor, whose Baptisms we
celebrate this weekend.

† UPCOMING FUNERALS †

Tuesday 13th June at 11.30am (OLA)
Julian Bracchi (RIP)

Tuesday 13th June at 2pm (St Agnes')
Margaret Giffney (RIP)

PLEASE NOTE: Monday 12th June, 2023

'King's Birthday Public Holiday'
No 9.15am Communion Service,
due to the public holiday.

**CATHOLIC SOCIAL SERVICES
VICTORIA AND CATHOLIC SOCIAL
SERVICES AUSTRALIA** invite you to join
them in a Webinar Series on the: **'Indigenous
Voice To Parliament - Moments for healing
this country'**.

Dates: **Thursdays 29th June and 27th July**

Venue: **via Zoom** (link will be provided)

Enquiries: Kate Stilwell: office@css.org.au

Book here: trybooking.com/events/landing/1052799

DID YOU KNOW?

**The Most Holy Body
and Blood of Christ
(Facts)**

Gathering together to break bread and
share the cup is the most ancient practice
of the church. Paul wrote a description of
'The Lord's Supper' in I Corinthians 11:23
in about the year 56.

This feast, which used to be known as
'Corpus Christi', originated in the Middle
Ages as a celebration of the real presence
of Christ in the Eucharistic bread.